

Smoothies

6,00€

B1 Caribbean Passion

Mango, papaya, pineapple.

B2 Berries Paradise

Mango, cherry, blueberry, strawberry.

B3 Blackberry Bliss

Strawberry, blackberry and raspberry

B4 Blue Lightning

Mango, banana, pineapple, peach, coconut, blue spirulina.

B5 Tropical Heaven

Melon, mango, kiwi, pineapple.

B6 Dragon Fruit Mix

Mango, strawberry, dragon fruit.

B7 Colada Jungle

Banana, coconut, pineapple.

B8 Sunny Splash

Passion fruit, pineapple, mango y lemon

B13 Vitality

Banana, strawberry.

B14 Delightful

Banana, blueberries, mango, açai.

B15 Squeeze Nature

Mango, carrot, pineapple, passion fruit.

B17 Green Boost

Banana, avocado, lemon, kale.



Beers

Estrella Damm Pint

3,00€

Estrella Damm half pint

1,80€



Wine

Glass of Wine

3,50€

1L of Sangria

12,00€



Infusions

1,80€

Green tea

Organic Green Tea
Green Lama + Flowers
Fresh Antiox + Mint
Slim Depure + Horsetail
Immune Ginger + Ginger

BLACK TEA

Organic English Breakfast
Earl Grey Flowers
Sweet Chai + Spices
Black Pure-Tox + Cinnamon
Soft Aphrodite + Ginseng

RED TEA

Organic Red Tea
Energy-Plus + Citrus
Tropical Detox + Rooibos

ROOIBOS

Organic Rooibos Tea
Mindful Lama + Fruits
Beauty-C + Orange
Gym Yang + Herbs
Coco Relax + Coconut

CLASSICAL INFUSIONS

Herbal Digest + Chamomile
Mint & Poniol + Pennyroyal Mint
Herbal Dreams + Lime Flowers

COSMOPOLITAN INFUSIONS

Free Ratafia (Fruits + Herbs + Spices)
Red Forest
Happy Fruits (Balm + Fruits + Calendula)



Calle Olimpia 1, Cc Coral Mar, 20
Arona, Costa del Silencio



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www.Sweetfranks.es



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Sweet Frank's



Sweet Frank's

ARONA

Hot Drinks

Espresso	1,40€
Cortado	1,80€
Coffee with milk	2,20€
Latte	3,50€
Caramel Latte	3,80€
Barraquito	3,50€
Irish Coffee	3,50€
Hot Chocolate	3,00€



*SOY MILK +0,50€ / DECAF MACHINE +0,50€

Cold Drinks

Granini juice	2,00€
Fresh Orange Juice	3,80€
Soft Drinks	2,50€
Water	1,00€
Fizzy Water	1,30€



Milkshakes

*Add coffee and make it a Frappé +1 €

F1 Cookies & Cream

Creamy vanilla ice cream with delicious Oreo cookies

F2 Salted Caramel Dream

Vanilla ice cream with exquisite salted caramel

F3 Smooth Mocha

Creamy blend of coffee, dark chocolate and vanilla ice cream

F4 Strawberry Fantasy

Vanilla ice cream combined with the freshness of strawberries

F5 Bananalicious

Classic sweet banana milkshake with vanilla ice cream

F6 Pure Chocolate

Creamy vanilla ice cream and 60% chocolate



Toasts / Bagels / Waff-Sant* 8,90€

*The Waff-Sant has an additional cost of 1,00 €

Avocado

Cream cheese, tomato, avocado, basil olive oil and seeds

Chilli Hummus

Cheese cream, hummus, avocado and mixed seeds



Poached Egg

Cream cheese, avocado, poached egg, basil olive oil and mixed seeds

Vegetable

Extra virgin olive oil with basil, mixed lettuce, caramelized onion and roasted tomatoes

Tuna

Mayonnaise, tuna, poached egg and seeds

Chicken

Cheese Cream, shredded chicken, bacon and seeds

Sandwich / Baguette / Croissant*

*The croissant has an additional cost of €0.50

Mediterranean MIX

Ham and melted cheese with fresh tomato, lettuce and basil olive oil

Veggie Grill

Grilled egg, melted cheese, fresh tomato, crispy lettuce, caramelized onion and a touch of basil oil

Chicken

Shredded Chicken and Salad

Chicken DELUXE

Shredded chicken, melted cheese, fresh tomato, crispy lettuce, caramelized onion and a touch of basil oil

Tuna

Tuna, Salad and Mayonnaise

Frank's

Shredded chicken, grilled egg, bacon, melted cheese, lettuce and tomato, served between three slices of toasted bread



Çılbır Turkish Eggs **NEW!** 9,50€

Spiced Greek yogurt base, poached eggs, paprika butter, finished with extra virgin olive oil and served with toasted bread.



Omelettes

Scrambled Eggs

Plain

6,00€

Cheese

6,00€

Mix (Ham and Cheese)

6,00€

Tuna

6,00€

Bacon and cheese

6,50€

Frank's (Chicken, Cheese, Bacon)

6,00€

7,50€



English Breakfast

Normal

Sausage, bacon, beans, hash Brown, egg and toast

6,50€

FULL

2 Sausage, 2 bacon, beans, tomato, 2 hash Brown, 2 egg and 2 toast

13,00€

Scottish

Square Sausage, black pudding, tattie scone, bacon, beans, egg and toast

6,90€

Irish

Sausage, bacon, beans, hash Brown, egg, black pudding, white pudding and toast

7,50€

Jacket Potato

Baked potato with cheese and beans

4,90€

Sweet

Croissant

1,80€

American Pancakes

7,50€

Waff-Sant

7,50€



.....ask for others

The menu is designed to be enjoyed as it is. Any modification or extra will be charged separately.

LISTADO DE +EXTRAS

Extra Servicio PLato/Cubierto	1,00€
Agua Caliente	0,30€
Leche	0,30€
Leche de Soja	0,50€
Hielo	0,30€
Descafeinado de Maquina	0,50€
Mermelada	0,50€
Mantequilla	0,50€
Nutella	1,00€
Ketchup	0,50€
Mayonesa	0,50€
Salsa HP	0,50€
Mostaza	0,50€
Huevo	0,70€
Tostada	0,10€
Tostada Payés	0,65€
Salchicha	1,30€
Salchicha Escocesa	1,30€
Hashbrowns	0,80€
Judías	0,80€
Bacón Ingles	0,95€
Morcilla Escocesa o Irlandesa	1,20€
Salchicha Vegetariana	1,40€
Hamburguesa Vegetariana	2,80€
Huevo Poché	2,50€
Tomate	0,90€
Bacon	0,65€
Queso	0,65€
Jamón	0,65€
Aguacate	3,00€
Atún	2,00€

***Si usted desea un EXTRA que NO se encuentra en esta lista: CONSULTE PRIMERO EL PRECIO CON EL CAMARERO**



Todos nuestros productos se elaboran y preparan en nuestra cocina, donde se utilizan a diario muchos alérgenos incluidos: GLUTEN, HUEVO, LECHE, FRUTOS SECOS, SOJA. Aunque la empresa se esfuerce por eliminar el contacto con el alérgeno en la medida de sus posibilidades, no somos una empresa que se especializa en comida para ALERGICOS. Por tanto, un producto 100% libre de alérgenos no puede ser garantizado debido a la posible contaminación cruzada.